



### Message from Mr Johnson

As we start the summer term we continue at Springwood to have much to celebrate together. Several of our students, supported by staff, have been on visits beyond the classroom including Sansicario in Italy, Boston, New York and Washington in the United States to name but a few. These visits deepen both knowledge and understanding of our wider world. So, a big thanks to all that make those trips possible.

We all must now get ready for the busy exam season. Remember to balance both physical and mental health with the hard work of revision; aim high and I am confident you will all achieve your goals and dreams.

### Young Person of the Year Award



Following the Local Hero Awards 2024, it was my huge pleasure to meet with Melody Allison, one of our brilliant year 10 students, who won the Young Person of the Year Award sponsored by Russen & Turner. What a wonderful accomplishment!



### Litter pick

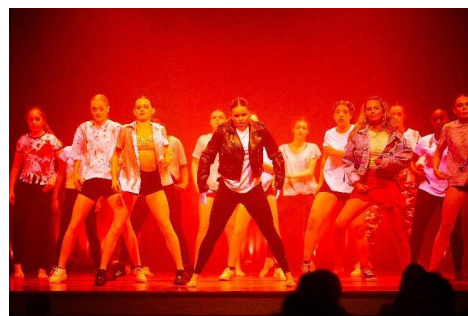


Our Environment Lead Agnieszka Munns, together with Rob Colwell a Local Councillor, two of our year 12 students Shanza Shakeel and Maddy Robinson who are Environmental Ambassadors and some of our wonderful year 7 students volunteered during a lunchtime to clear rubbish from the school boundaries that run along the public footpath. What a fantastic opportunity it was for our students to do something very worthwhile. Thank you to everyone that took part.



## Springwood Dance – House of Horrors

It was my very great honour to be part of the judging panel for the sold-out Springwood Dance House of Horrors. Over 150 students from across the year groups took part in what was an amazing display of Springwood talent. It was a fantastic evening. Well done to everyone that took part.



Best wishes for an enjoyable half term break.

Mr Johnson



## Attendance Message

Once again, thank you for your continued support with keeping attendance of your child high at the school. Attending school is not only positive in terms of getting the best results possible in terms of exams, and therefore future chances in employment, but also in terms of social and mental health. There is support available, including [JustOneNorfolk](https://www.justonenorfolk.org/) to help support students who suffer from mental health issues.

We know that some students do struggle with attending school and we thank you for your continued close working partnership with the pastoral and attendance teams at the school. The attendance team can support with a range of attendance interventions for a variety of different cases, and we are happy to arrange meetings as soon as issues arise.

Unfortunately these interventions are not always successful, or there is an absence for a term time holiday. In both of these cases the absences will be referred to Norfolk County Council, in line with the government guidance.

From August this year, a new Attendance Framework has been introduced that all schools and local authorities must adhere to, to ensure consistency across the country. Fines will now also be issued when a child has missed 10 or more sessions (5 days) across a rolling period of 10 school weeks for unauthorised absences. Fines have increased, per parent, per child, to £80 if paid within 21 days, or £160 if paid within 28 days. If there is a second fine for the same child within a period of 3 years then the fine will automatically be £160. There is also no longer a code for authorising holidays and so any holiday will be coded as unauthorised absence.



## Cyber Choices and Online Safety Events

For parents / carers of children aged 9 and up

You are invited to attend two **free** online sessions to discuss all things "cyber".

These sessions will be suitable for parents/carers of children in Year 5 (age 9) and above. This will be a fantastic opportunity to learn and ask questions regarding your child's online world and it shouldn't be missed!

**Part 1** will introduce you to the Cyber Choices programme which will be delivered by the Eastern Region Cyber Choices Team. They will provide:

- An overview to parents and carers on what cybercrime is.
- What the risks to young people are.
- How the Cyber Choices programme supports at-risk individuals.
- How you can refer a young person into Cyber Choices.

You will also hear from Kent County Council's Education Safeguarding Team, who will provide an overview of:

- Some of the potential risks that children and young people may experience online.
- Advice to support parents to make informed decisions and keep their children safer online.

Please visit the NCA website to find out more about [Cyber Choices](#)

Please register for **one** part 1 session only (as these will be duplicated), by clicking on the link below.

Wednesday 8<sup>th</sup> May 2024 @ 1000 - Part 1  
[Book here](#)

Wednesday 5<sup>th</sup> June 2024 @ 1300 - Part 1  
[Book here](#)

Wednesday 3<sup>rd</sup> July 2024 @ 1600 - Part 1  
[Book here](#)

**Part 2** will be delivered by the Eastern Region Cyber Protect Team. They will provide:

- Advice on how to improve your personal cyber security.
- Identifying and protecting yours (and your children's) key accounts.
- Threats and techniques that cyber criminals may use to target you / your family.
- Benefits of family accounts.
- Parental controls on your router.
- Signposting to useful resources.

The aim of the session is to provide you with tools and techniques to improve the cyber security of your family.

Advice and guidance from the session will be in line with the Government's [Stop! Think Fraud](#) and the National Cyber Security Centres [CyberAware](#) campaigns.

Again, please register for **one** part 2 session only (as these will be duplicated), by clicking on the link below.

Wednesday 15<sup>th</sup> May 2024 @ 1000 - Part 2  
[Book here](#)

Wednesday 12<sup>th</sup> June 2024 @ 1300 - Part 2  
[Book here](#)

Wednesday 10<sup>th</sup> July 2024 @ 1600 - Part 2  
[Book here](#)

If you have any questions or would like us to cover a certain topic within our sessions, then please complete our [online form](#).



## Message from Head of Year

As I sit back and reflect on another wonderful half-term with Year 7, it fills me with pride to see all the wonderful things they are achieving. We have so much to celebrate. Our amazing students have settled so well, and the year is flying by so quick. We are only one half-term away from the students starting Year 8 – they will no longer be the young ones!

### **Year 7 Banham Zoo trip**

At the end of the Spring-Term, we took a large majority of the year group to Banham Zoo for a cultural experience involving learning about different animals and some of the adaptations they have made to survive in their natural environments. The students visibly had so much fun, and I was so proud of the way they conducted themselves and immersed themselves in the experience. The students were a credit and it filled me with joy when the Zoo staff, along with a handful of the public, commended them of how well behaved and polite they had been.

### **Stop the Clock Assembly**

The theme of this term's Stop the Clock Assembly was Sextortion. This is a relatively recent form of exploitation that we would like all students and parents to be aware of, and involves criminals using online platforms to exploit young people for money. Please click the link below to find out more about Sextortion. We would also urge you to monitor your child's phone, and report anything of concern to us in the year office, or our safeguarding department.

<https://www.bbc.co.uk/news/uk-68918550>

### **Student Achievements**

We would like to start recognising some of the wonderful things some of our students achieve outside of school. You will see some examples in this newsletter. Please let us know about your children's achievements so we can include them in future editions.

### **Next Half-Term**

Whilst so much of this year has already flown by, there is still much to look forward to. Next half-term will see Year 7 engage in their final Super Learning Day of the year, where they will work in small groups to create their own smoothie from scratch, increasing their knowledge of the food industry in the process. We also have the final rewards day to look forward to in the last week of term, as well as a whole host of students achieving their 'Hero' or 'Superhero' badge.

Best Wishes

Mr Denton and Mrs Kempton





### Year Office Contact Details

Year 7 Office, direct dial 24/7—01553 779405

Email Mr Denton, Head of Year 7—[o.denton@springwoodhighschool.co.uk](mailto:o.denton@springwoodhighschool.co.uk)

Email Mrs Kempton, Year 7 Manager—[s.kempton@springwoodhighschool.co.uk](mailto:s.kempton@springwoodhighschool.co.uk)

Generic email—[classof2028@springwoodhighschool.co.uk](mailto:classof2028@springwoodhighschool.co.uk)

School website—[www.springwoodhighschool.co.uk](http://www.springwoodhighschool.co.uk)

### Attendance Information

**What should I do if my child is unwell?** – If your child is unwell, please call the Year 7 Office on 01553 779405 or email [classof2028@springwoodhighschool.co.uk](mailto:classof2028@springwoodhighschool.co.uk) before 8.00am and give the specific reasons and symptoms of the illness. You will need to contact the office EVERY DAY that your child is off. The information you give will be recorded on our official register.

**Leave of Absence** – There may be exceptional circumstances where you need to request a leave of absence for your child. You will need to submit a “Leave of Absence Form.” These can be found on the school website or we have a paper copy in the office. This form needs handing into the Year 7 office. You will then receive a phone call, email or SIMS message stating if your request has been granted or denied.



## Music/Drama Events Calendar 2023-2024

Date	Event	Venue	Ticket Prices	Time(s)
Wednesday 26th Jun '24	Royal Norfolk Show	Norfolk Showground	—	Daytime
Thursday 27th Jun '24	Royal Norfolk Show	Norfolk Showground	—	Daytime
Monday 1st Jul '24	WNAT Community Music Festival ( <i>Rock and Pop Night</i> )	Springwood High School	Free	6.30pm
Tuesday 2nd Jul '24	MITI Get Together Performance WNAT Community Music Festival ( <i>Band and Orchestra Night</i> )	Springwood High School	Free	MITI 4.00pm WNAT 6.30pm
Wednesday 3rd Jul '24	WNAT Community Music Festival ( <i>Chamber ensembles &amp; Jazz night</i> )	Springwood High School	Free	6.30pm
Thursday 4th Jul '24	WNAT Community Music Festival ( <i>Vocal Celebration</i> )	Springwood High School	Free	6.00pm
Wednesday 31st Jul '24	Sandringham Flower Show	Sandringham House	Available from Sandringham	All Day
Wednesday 10th Jul '24	Fashion Show	PHH Springwood High School	£3.00	7.00pm

To purchase fashion show tickets nearer the date please visit  
<https://app.parentpay.com/ParentPayShop/Uniform/Default.aspx?shopid=164>

\* Under 5s Free of Charge - if they do not require their own seat  
 (i.e. if they are able to sit on their parents' lap)

For Ticket Sales nearer the event date please visit  
<https://www.ticketsource.co.uk/springwood-high-school-music-department>



SHS  
Springwood  
High School  
May Newsletter



## Rail Safe Friendly Bronze Achievement



Springwood High School has been awarded the Rail Safe Bronze Level Award for promoting safety on the railways with our students via the PSHE curriculum delivered in tutor time.

Please use the following link to find out more information - <https://switchedonrailsafety.co.uk/>





## Y7 trip to Banham Zoo



A few pictures from the Year 7 trip to Banham Zoo. The students were a credit to Springwood High School and immersed themselves in learning about different animals and species.





## House Maths Semi-Final

Blickling and Felbrigg made it to the Final.



Well done Harry (7B1) and David (7F2)



## Student Achievements

### Elise 7S2

Competes in gymnastics for the King's Lynn Gymnastics Club. She has won two first place medals and one third place medals in various tumbling competitions in Rushden and Milton Keynes.

### Freddie 7S2

Freddie competes for West Norfolk Swimming club and has won various medals, the most recent he got silver in age 12's in the 200m individual medley with time of 3.22.08.



### Travis 7O2

Travis completed Gear Run, collected £1010 (one thousand and ten) for a charity 'Little Discoverers'



### Isabelle 7O2

Isabelle completed a sponsored reading, and collected £60 for a charity





## Sparx Maths

### Stars of the Month



#### Year 7

Alizey A

#### Year 8

Harry M

#### Year 9

Jeshaun M

#### Year 10

Ayza A

#### Year 11

Zion N



## Sparx Reader of Week Winners

7B1 - Abia	7B1 - Harry
7B2 - Eleanor	7B2 - Anna
7F1 - Ava A	7F1 - Seren B
7F2 - Adrianna	7F2 - Dominykas
7H1 - Grace	7H1 - Liliana
7H2 - Chloe	7H2 - Benjamin J
7O1 - Nicole	7O1 - Nicole F
7O2 - Mya D	7O2 - Mya D
7S1 - Kaitlyn	7S1 - Ella
7S2 - Kaitygrace	7S2 - Kaitygrace



## Achievement Points

### Whole Year Group Total



**Well done to these students who have received their Gold Badge this term!**

Isabel	7H1
Sharen	7O1
Sofia	7B1
Adam	7B2
Ritika	7H1
Ava	7F1
Elisabeth	7O1
Libby	7O1
Keeley	7O2
Dominykas	7F2
Oluwafemi	7B1
Christina	7B1



## 100% Attendance – 15<sup>th</sup> April – 22<sup>nd</sup> May

Adam	7B2	Riley D	7S1	Ermanas	7O2	Max	7B2
Frankie	7B2	Harsha	7O2	Abel	7O1	Morgan	7O2
Kaitlyn	7S1	James	7H2	Benjamin	7H2	Christina	7B1
Teddy	7H2	Chloe	7H2	Keanna-Marie	7F2	Angela	7B1
Abia	7B1	Harry	7B1	Eleanor	7B2	Freida	7O1
Nichita	7H1	Isabel	7F2	Violet	7F1	Anna	7B2
Ava	7F1	Erikas	7B1	Patryk	7O2	Sienna	7B1
Rasminta	7B2	Ellyse	7S2	Ananya	7S1	Haider	7F2
Isabel	7H1	Mihai	7F2	Anthony	7O2	Oliwia	7S1
Aanlin	7S2	Polly	7O2	Liepa	7H1	Ignas	7H1
George	7S1	Alexander	7O1	Liyana	7H1	Kyle	7H1
Jack	7O1	Nicole	7O1	Adrianna	7F2	Finley	7F2
Amber	7O1	Dylan	7S1	Yi Ting	7F1	Darcey	7H2
Lily	7O2	Ollie	7S2	Naledi	7S1	Liliana	7H1
Sophie	7H1	Kaitygrace	7S2	Martha	7F1	Sharen	7O1
Marley	7F2	Elise	7S2	Grace	7H1	Austin	7F1
Neha	7F2	Finley	7H2	George	7S2	Craig James	7S1
Elodie	7B2	Anliya	7O1	Lily	7B2	Matty	7F2
Isaac	7F1	Ollie	7S1	Luna	7S2	Daniel	7H1
Briseis	7B1	Cody	7B2	Isaac	7S1	Katie	7O1
Riley B	7S1	Aisha	7B1	Ellie-Mai	7B1	Archie	7S2
Seren	7F1	Joshua	7B2	Olly	7O2	Benjamin	7F2
Bradley	7F2	Bradley	7H2	Isla	7B2	Dominykas	7F2
Ava	7S2	Harris	7O1	Tioluwalashe	7F1	Luka	7S1
Isobel	7B1	Achilles	7H1	Gabriele	7H1	Addison	7S2
Logan	7B2	Savannah	7H2	Kadi	7O1	Freddie	7S2
Tommy	7H1	Pranav	7O2	Alfie	7S2	Amelia	7B2
Emelia	7B2	Rose	7H1	Libby	7O1	Kyla	7S1
Chloe	7O2	Jemima	7F1	Tyler	7S1	Ava	7F1
David	7F2	Angelo	7F1	Sophie	7F1	Seth	7S2
Olivia	7F2	Ritika	7H1	Amber-Rose	7F2	Travis	7O2
Freddie	7O1	Kai	7S2	Darcie	7F2	Olivier	7F2
Rose	7H1	Nancy	7F1	Kaiden	7S1	Brayden	7S2
Morgan	7O2	Alex	7S2	Max	7B2		



## 100% Attendance

### 1<sup>st</sup> September – 22<sup>nd</sup> May

Aanlin	7S2	Isla	7B2
Sophie	7H1	Libby	7O1
Ellyse	7S2	Tyler	7S1
Mihai	7F2	Amber-Rose	7F2
Kaitygrace	7S2	Ignas	7H1
Elise	7S2	Sharen	7O1
Eleanor	7B2	Craig James	7S1
Ananya	7S1	Matty	7F2
Adrianna	7F2	Daniel	7H1
Yi Ting	7F1	Katie	7O1
Martha	7F1	Dominykas	7F2
Olivier	7F2	Kyla	7S1
		Seth	7S2





## Ambitious Board

A new reward incentive launched this term across the school. Students are awarded cards from staff in acknowledgement of their Acts of Ambitious. Students are given a card and they place it in the AMBITIOUS box in the Year Office. One student is then picked out of the box in assembly and they win a treat.

These rewards are different to achievement points. Students can earn one of these for various things they do throughout the school day to show they are....

<b>ARTICULATE</b>	<i>Able to communicate confidently with peers and adults alike in a range of settings</i>
<b>MOTIVATED</b>	<i>Determined and enthusiastic to achieve</i>
<b>BRAVE</b>	<i>Unafraid to challenge themselves</i>
<b>INDEPENDENT</b>	<i>Responsible for their own success</i>
<b>THOUGHTFUL</b>	<i>Kind, considerate and respectful to others</i>
<b>INQUISITIVE</b>	<i>Curious to learn</i>
<b>ORGANISED</b>	<i>Good managers of their own time</i>
<b>UNSTOPPABLE</b>	<i>Resilient to the challenges they encounter</i>
<b>SERIOUS</b>	<i>About fulfilling their potential</i>

## WINNERS



Our winners so far have been....

Liepa L	Ruben B
Aimee-May	Thomas FB
Brayden	Dominykas V
Vanesa F	Tanya
Harry E	Benjamin
Erikas	Ritika
Logan C	Liyana
Chloe D	Oskar Z
Pranav	Mihai
Violet	
Leighton	
Charlie P	



## Extra-Curricular Activities

### Monday

Kingsmen - Lunchtime - MU1

Keyboard Club - Lunchtime - MU3

Junior Woodwind (Woodwind Grades 1-3) 3:30pm to 4:30pm - MU1

### Tuesday

Music Theory - Lunchtime - MU3

Senior Woodwind (Flute/Clarinet/Bassoon Grade 3+) - Lunchtime - MU1

Art Club – 3:25pm to 4:30pm – BA3

Year 7 Netball – 3:25pm to 4:30pm – Astro Turf

Concert Band (Wind/Brass/Strings/Percussion Grade 3+) - 3:30pm to 5:00pm - 6th Form Hub

Year 7 Choir - 3:30pm to 4:30pm - DR1

### Wednesday

German Club – Lunchtime – F4

Kingsmen - Lunchtime - MU1

French Board Game Club - Lunchtime - F7

STEMM Club – 3:25pm to 4:30pm – JL11

Year 7 Rugby – 3:25pm to 4:30pm – Sports Field

Girls Rugby – 3:25pm to 4:30pm – Sports Field

KS3 Dance – 3:25pm to 4:30pm – Dance Studio

Sinfonia (Strings Grade2+) - 3:30pm - 4:30pm - MU1

Brass Ensemble (Brass Grade2+) - 3:30pm to 4:30pm - MU2

Transition Orchestra (Wind/Brass/Strings/Perc to G2) - 3:45pm to 4:45pm - 6th Form Hub

### Thursday

History Club - 3:30pm to 4:30pm - S7

Year 7 Football – 3:25pm to 4:30pm – Sports Field

Year 7-9 Girls Football – 3:25pm to 4:30pm – Sports Field

School Musical (By Audition) - 3:30pm to 5:00pm - DS&MU1

Rock Club - 3:30pm to 4:30pm - MU2

Walkmen (Student Led) - 3:30pm to 4:30pm - MU4

Chess Club - 3:25pm to 4:30pm - LRC

### Friday

Guitar Group (Beginner to Grade2) - Lunchtime - MU1

Sax Choir (By Invitation) - Lunchtime - MU2

All Years Fitness Club – 3:25pm to 4:30pm – Sports Field

School Musical (By Audition) - 3:30pm to 5:00pm - PHH

Big Band (By Invitation) - 3:30pm to 5:00pm - 6th Form Hub





### School Term Dates

**Summer 2nd Half Term** Monday 3rd June 2024 Friday 19th July 2024

### Useful Email Addresses

Email Mr Denton, Head of Year 7—[o.denton@springwoodhighschool.co.uk](mailto:o.denton@springwoodhighschool.co.uk)

Email Mrs Kempton, Year 7 Manager—[s.kempton@springwoodhighschool.co.uk](mailto:s.kempton@springwoodhighschool.co.uk)

Generic email—[classof2028@springwoodhighschool.co.uk](mailto:classof2028@springwoodhighschool.co.uk)

### Latest News



For all the very latest Springwood School news please follow [@SHSKingsLynn](https://twitter.com/SHSKingsLynn)

For all the latest Sport & PE news please follow [@SHSS\\_PE](https://twitter.com/SHSS_PE)



## School Uniform & Sports Kit Checklist

### \*Blazer

White, stiff collar school shirt

\*House colour school tie

\*\*Plain black tailored trousers

\*School skirt

\*School shorts

\*School jumper

Plain black tights or plain black socks that must at least cover the whole ankle  
(Trainer socks, and footless tights or leggings are not allowed)

Plain black (leather or leather-like) shoes

(no boots, black trainers, stilettos, ballet pumps, sling backs or toeless)

Plain coat (no logos or other markings) long enough to cover blazer properly

### PE KIT

**Items marked \* can only be bought through the school website from Price & Buckland**

\*\*Trousers deemed appropriate by Springwood High School are available for purchase via our website. School trousers can be purchased from other suppliers. However, if the trousers worn by a student are considered unsuitable or inappropriate and a suitable alternative cannot be sourced from elsewhere, parents/carers will be directed to buy the trousers we have available through our website. The school reserves the right to make the final decision on the suitability and/or appropriateness of the school trousers worn by Springwood students.

To view your online shop visit:

<https://www.pbuniform-online.co.uk/springwoodhigh>





## Equipment Checklist

All students should have the following with them every day –  
School bag, Knowledge Organiser, Pencil Case (Pens x 2, Red pen,  
Pencil x 2, Ruler, Calculator, Rubber)

Failure to have the correct equipment after being reminded once will result  
in a 2-week EQUIPMENT REPORT.

All students need to be prepared daily.

THANK YOU





### Springwood Parent, Teacher & Friend’s Association (PTFA) Who’s who and what do we do?

Springwood’s PTFA disbanded during the covid years, but this academic year has seen an intake of new committee members who have brought with them a fresh vigour and enthusiasm for fundraising ideas, events and activities.

The PTFA meets once every half term at the school - usually on a Wednesday (around 5pm).

It is made up of parent volunteers, we work closely with the teaching staff to support extra-curricular activities and often one-off projects that the school’s budget does not cover.

Since our first meeting in September 2023, the current PTFA has organised, run or supported the following events/activities and has a number of other ideas in the planning pipeline:

#### Events

October	Sale of refreshments at the year 6 Specialist Arts Auditions
December	Christmas Craft Fair and Raffle Year 7 Christmas disco
February	Year 8 Valentine disco Bag2School collection (in conjunction with the school’s Environment Committee) Beauty & The Beast – selling of refreshments
March	Quiz Night – year 11 prom fundraiser Bingo – year 11 prom fundraiser
May	Bingo – 2025 prom fundraiser (current year 10)
July	Springfest



#### Provision of funding

- New frames to support the display of artwork around the school.
- Heavy-duty trolley for the Drama Department.
- Funding towards both Springfest and the Year 11 Prom.













We are always on the lookout for new members.....

All parents, teachers and school staff can get involved even if they only have a small amount of time available. You may wish to join the committee and be involved in the organisation, or just be available to serve teas and coffees at PTFA events. Whatever your preferred commitment, large or small, the Springwood PTFA would be very grateful for your help.

To get in touch, please email [ptfa@springwoodhighschool.co.uk](mailto:ptfa@springwoodhighschool.co.uk). We would love to hear from you.

Our current PTFA committee members are shown below:

			
Chair Fez Williams	Vice Chair Emma Norris	Secretary Rachel Curtis	Treasurer Geoff Martin
			
Member Laura Farr	Member Suzi Pimlott	Member Leena Prins	Teacher Richard Thompson
		Picture not available	
Member Gem Coady	Member Jody Bunting	Member James Hoyland	