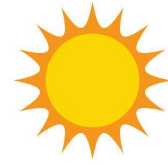




October Newsletter



Message from Mr Johnson

We have had an AMAZING term at Springwood High school. The new intake of year 7 and year 12 students are truly wonderful and are fully embracing the Springwood culture, enjoying all that we have to offer. It was a privilege to meet the new year 7 parents and we all want the very best for their children.

Extra-curricular activities are so important at Springwood. It has been fantastic to see the large numbers of students enjoying the wide array of fantastic opportunities at lunchtime and after school. Many thanks to all the staff who give up their time to enable these amazing clubs to run.

Year 11 worked tirelessly for their pre public examinations (or "mock" examinations as we used to call them!). Fingers crossed that Year 11 is on track for another historic year of GCSE outcomes. Fulfilling careers and happy lives follow those students who make progress in academic examinations! Keep up the good work everyone!

The main school and Sixth Form open evenings were undoubtedly the busiest ever! It is always wonderful to meet prospective students and parents to showcase what our school has to offer. Our two weeks of daytime tours allowed students and parents to see the school in operation on a normal day. I was delighted to hear that those who attended the tours saw a happy and hard working school.

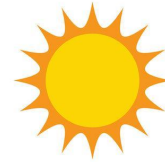
We have recently celebrated our annual STEM awards evening where there were approaching 500 awards! Ms Mann and her team provide outstanding STEM opportunities for our students. I was so proud of all of them achieving their awards! Have a restful half-term.

Mr Johnson





October Newsletter



Message from Head of Year

It has been a busy half term with students quickly settling into new forms and making the most of the extra learning opportunities presented to them. I have been delighted with the dedication and hardwork already on display. As a large number of our Year 11's are attending after school and saturday sessions, applying themselves in lessons and making the most of every opportunity. All that effort will pay off!

A big well done is also deserved for the completion of their first set of PPE's. These mock examinations will have helped students realise the importance of preparation and organisation. Whilst this time was daunting for many, it will help make the final assessments in the summer easier, giving an understanding of what to expect. Soon after our return from half term students will be provided with a results assembly to give insight into how this will feel in the summer too.

In response to the stress of exams we continue to encourage students to take some time for themselves, participating in extracurricular activities, hobbies and clubs outside of school. We are also offering students the opportunity to sign up to a 'mindfulness for exams' course running regularly up to Christsmas. Please discuss with your child if this might be something they would like to participate in, they can sign up in the Year office after half term.

Super Learning Day this term takes on a Careers and destination theme. With students having the chance to learn interview skills, realise their personal brand and meet with employers. Be this via a chosen workshop or our careers fair. We do hope you found it useful to be able to attend this with your child and it gave them more things to think about with regard to their future. In addition at the point of your reading, most students should have made a post 16 application as a result of Super Learning Day. This will enable sixth form interviews to take place on our return.

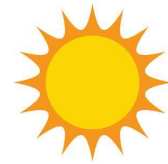
Once again a huge well done to Year 11. They have well and truly earnt this half term break.

Mrs Mann





October Newsletter



Year Office Contact Details

Year 11 Office direct dial 24/7 – 01553 779408

Year 11 Email – classof2025@springwoodhighschool.co.uk

Head of Year Mrs V Mann - v.mann@springwoodhighschool.co.uk

Year 11 Manager Mrs Rawlinson - a.rawlinson@springwoodhighschool.co.uk

School Website www.springwoodhighschool.co.uk

Attendance Information

What should I do if my child is unwell? – If your child is unwell, please call the Year 11 Office on 01553 779408 or email classof2025@springwoodhighschool.co.uk before 8.00am and give the specific reasons and symptoms of the illness. You will need to contact the office EVERY DAY that your child is off. The information you give will be recorded on our official register.

Leave of Absence – There may be exceptional circumstances where you need to request a leave of absence for your child. You will need to submit a "Leave of Absence Form." These can be found on the school website or we have a paper copy in the office. This form needs handing into the Year 11 office. You will then receive a phone call, email or MCAS message stating if your request has been granted or denied.

Year Group Key Dates

Return to school - Monday 4th Nov

Mock Results Day - 8th Nov

Flu Vaccinations - Friday 15th Nov

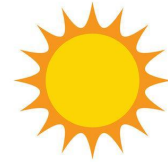
Reports sent to parents - Tuesday 26th Nov

Subject Parents Evening (Online) - Thursday 28th Nov

Christmas Jumper Day / Finish for Christmas - Friday 20th Dec



October Newsletter



Attendance

School attendance continues to remain above national averages so far this year, despite us being hit by illnesses this half term, which is great news. Data shows year on year, that students who have good attendance do very well academically and socially.

It is important that if your child is not able to attend school that day that you phone the relevant year office, or email them, directly. Please do not wait for the alert to go out from the school. It is also important that if your child is ill for a couple of days that you continue to contact the school on a daily basis - we need to know how they are, and if the illness/symptoms change, as we occasionally need to make others within the school community aware.

If we do not see your child for a period of time then we are required, for safeguarding reasons, to make a home visit. Please can you ensure that you respond to the home visit when these are made. We cannot give you a time, and so if you are not in we will leave instructions to contact us, which you need to do when you see the card. If we have no answer after a couple of visits we then will ask someone external from the school to make that visit on our behalf. These visits are a requirement that all schools must undertake for students that they have not seen for a little while.

Whilst we understand children may have periods of genuine illness, we wish to share updated guidance from the NHS, which aims to reset expectations to pre-pandemic levels. It recognises that it has been a long time since these guidelines were shared, with mindsets which have understandably altered. With the increase in working from home, there is not necessarily the 'work pressure' to send children to school with minor ailments as it is more common to have adults in the home. The updated NHS guidance for the vast majority of illness and anxiety states that, unless your child has a significantly elevated temperature, they should be in school. The guidance can be found here: Is my child too ill for school? - NHS

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

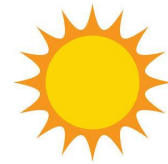
Thank you for your continued support in keeping your child's attendance high.

School Ties

You are now able to order ties from your MCAS app. If you click on 'store' you will see ties are available to buy for £7.95. They will be available to collect from the Finance/Admin office.



October Newsletter



2023/2024 Sports



What a year for our pupils in the sporting arena, we've had record numbers of pupils attending clubs, representing the school and going on sports trips. A big well done to everyone involved!



Yr10 Football Player of the year - Joshua S
Yr10 Netball Player of the year - Clara M
Yr10 Rugby Player of the year - Devon W
Cricketer Of The Year U15s - Rudraa U
Yr10 Rounders Player of the year - Ella S-C & Chloe S-C
Yr9/10 Tennis Player of the year - Thomas L

Sports Colours - Roll Of Honour

Thomas L + Wiki M

Yr 10 Sports Person Of The Year

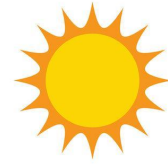
Fraser P + Wiki M

Sports Person of 2024

Wiki M



October Newsletter



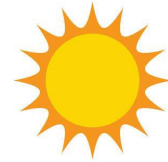
July Rewards Day

We hope all the students have a fantastic day on their rewards day trips. Feedback from staff was great and commended them all on their good behaviour. Here are some photos to show what they got up to!





October Newsletter



Stepping up to success information evening - 19th September

Thank you for attending our information evening back in September. We hope that you and your child found the information valuable. Your support in helping us prepare your children for the upcoming year is greatly appreciated. If you were unable to attend, all the information, tips and tricks have been shared with you via Bromcom.

Pen, Pencil and Ruler



Every week a student is recognised from each class in the core subjects; Maths, English and Science, and awarded with a Pen, Pencil or Ruler of the week. It's been fantastic to see so many positive comments across the entire cohort.

Mitchell O - Really focusing on the work, bringing a great attitude to the start of yr11.

Rufus S - Always looking at how to improve.

Aritra K - Great work on calculations this week.

Mia D - Continuous hard work in Chemistry

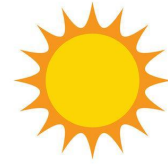
Ethan S - Excellent work

Lacie G - Great answers in class discussions and always working hard.

Rio M - Much improved focus, engagement, and motivation.



October Newsletter



STEM Celebration Evening



This half term we spent another delightful evening celebrating our STEM successes. The event welcomed students from Year 7 to Year 13 and their parents, as well as representatives from local STEM businesses. We congratulated students for participating in projects based around flight, space and robotics. Enjoyed projects designed for our own science fair and the Silver Crest Award. And handed out many certificates for completing the Bronze Crest Award. The Year 11 above were rewarded for their CANSAT successes and efforts!

Lewis had this to say about the evening:

On Thursday 17th October, the school hosted a brilliant STEM awards evening, celebrating the achievements of students who participate in one or more STEM activities outside of school. The event saw numerous awards being presented for various activities.

One of the evening's highlights was an inspiring talk from Mark Richardson, CEO of Ocado Intelligent Automation. He shared insights into the diverse pathways to success, drawing from his own journey and experiences. Representatives from other local companies, including Palm Paper, were also present to distribute awards and discuss their roles within the STEM industry. Overall, the evening was an inspiration to students.



Updates from the Diversity Council

Bivisibility Day



Bi-visibility is important because it raises awareness of the bisexual community and allows them to be proud of who they are. Some bi people face effects of biphobia in their daily life, things such as being stereotyped and a general ignorance about bisexual people. For example, Bisexual women can sometimes be viewed as straight, and bisexual men are sometimes seen as simply 'going through a phase' before coming out as gay. It is these stereotypes that have made many in the bisexual community feel invisible. But it is important to remember, as Evan Racheal Wood once said: "Bisexuality doesn't mean halfway between gay or straight. It is its own identity."

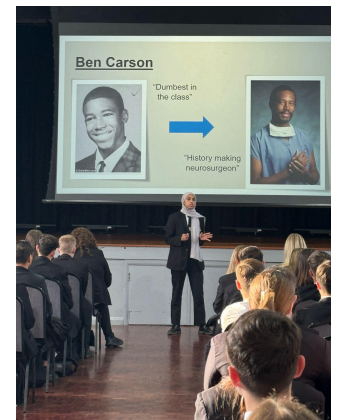


Elodie B (Year 8 - Diversity Council)

Black History Month



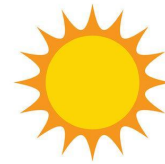
In honour of Black history month, we have raised the black history flag. As a part of the diversity committee and head studentship, we lead assemblies to Year 7, 10 and 11 highlighting the achievements of neurosurgeon Ben Carson. We believe this man is a vessel of inspiration for students of all backgrounds, due to the adversity he not only faced but overcome.



- Joud A and Purity-Rose O



October Newsletter



What have Year 11 been up to?



Astronomy Assembly

Finn and Ethan encouraging younger years to sign up to GCSE Astronomy.

Head Students @ Year 6 Open Evening

A fantastic job was done by our Head Students welcoming next years cohort into the school



Construction Insight Event

On Wednesday the 16th October, me and a few others visited King's Lynn's Job Centre Plus to talk to some employers in construction.

These employers included companies like Lovell, MACE and Sizewell C. These companies answered our questions and talked to us about a potential career in construction. For example, when I asked Lovell "what do you look for in an apprentice?" He told me that they will look for a good attitude and a well presented person, who has done research on the company before the interview. He told me this shows a good work ethic, which is crucial to being employed.

This event was useful as it showed us other career opportunities in construction apart from the hands-on jobs like bricklaying, for example, a graphic designer or Project Manager.

Overall, this event had a positive impact and helped us get an idea on what we would like to do in the future.

- Harry M





Year 11 representing Young People and the importance of of Mental Health Care



In October, I was invited to talk at the Healthcare Finance Management Associations annual Mental health conference. In attendance were some of the finance directors of large NHS trusts, the trustees from the association, representatives from places such as the policy centre for mental health and the integrated care boards and lots of the chief executives team from HMFA were also present on the day.

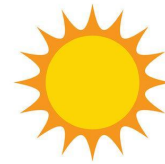
My presentation was talking about the children and young people's charter, which was developed by the Youth In Mind governance group, with feedback from lots of young people. I helped to finalise the charter back in 2022. I spoke about each aspect of the charter in detail and explained why it is important for it to be adopted in mental health services, and how the majority of children and young people's services within Norfolk had already adopted the charter and the difference it had made. I then had the opportunity to be part of the Question and answer session for the entire presenters panel for that session, and received questions from the audience about how it could be best adopted by services they fund. After my presentation and the Q+A, I was fortunate enough to be in the audience for a talk from Alexandra Adams, the UK's first person who is deafblind training to be a doctor. Her talk was so inspiring and it was very interesting to hear about her experiences and how she has overcome the challenges she has faced.

Overall, it was a great experience, and I am very grateful for the chance to speak to these key people, as it is how changes happen. They are always fantastic days, and a good chance to meet people and discuss how they are going to help services improve.

- Melody A



October Newsletter



Danny - Major's Cadet

In the month of May 2023, I attended the Mayor's making ceremony where I was given the role of Major's cadet for 2023-2024. This role was given to me for my hard work at the 'bag it, bank it' charity event in January 2023 where I collected 45 bags of clothes. Early on this year, I was given the opportunity to organise an event for a charity of my choice, which was the Norfolk and Waveney Mind mental health charity, where we rolled out 999 hoses in order to raise money. In total we raised £775.50 for the charity. In October I received a letter from the Chief of the Norfolk Fire and Rescue service to congratulate me on being nominated as 'Fire Cadet of the year' for all my hard work I put into previous charity events and the cadet unit. On 26th October I will be attending a charity car wash at Hunstanton fire station, along with the other cadets and fire fighters. At the same time 27 other fire stations will also be taking part in the event. Our aim is to wash 999 cars between 10am-2pm while raising money for the firefighters charity.



A Message from the Enviromental Committee

Do you have any old uniform or textbooks you no longer need?

Any donations made to the committee will be sold at our upcoming Christmas Craft fair. Any money raised will be used for ecological improvements around the school.

Please make sure any items are dropped off to Mrs Munns in BL1 or 6th Form office before Friday 29th November.



Futures First 2 - Super Learning Day

A massive thank you to the companies below for giving up their time to speak to our Year 11 and give them insight into potential careers.

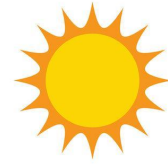


Please enjoy some images of the day





October Newsletter



West Norfolk Netball Tournament

Congratulations to our netball team on their win this week. More on this to follow in our next newsletter!



Sparx Maths

Year 11 Maths sparx champion of the Month



Homework

All homeworks for all subjects are now being put onto the my child at school app. You can now see what homework is being set and when it is due. Within 48 hours after the due date, the teacher will change the homework status to "received" for anyone who has completed their homework. If your child has not completed their homework, please encourage them to complete it or attend the support sessions that we run at school.

The following homework support is available;

Maths

- Breaktimes and lunchtimes in b11
- Tuesdays, Wednesdays and Thursdays in B11 3.30pm - 4.30pm

English

- Breaktimes in F12 on Tuesdays, Wednesdays and Thursdays

All subjects

- Homework club in F10 3.30pm - 4.30pm
- LRC - before school, breaktimes, lunchtimes and after school

Achievement points will be awarded for completion of homework but more achievement points may also be awarded for meeting certain criteria.

If you have any further questions, please do not hesitate to contact me directly
c.loizou@springwoodhighschool.co.uk



The PTFA got straight back to business after the Summer break and already has a number of exciting events and new ideas in the planning pipeline.

Our first meeting of the new academic year was held on 11th September and our Annual General Meeting (AGM) took place on Wednesday 9th October. You can read the minutes of both meetings (including the AGM Chairperson's and Treasurer's reports) on the school website or via the links below:

[11th September Meeting Minutes](#)

[9th October AGM Minutes](#)

Our information on the Springwood website has recently had a revamp and on September 28th we launched a dedicated Facebook page ([Springwood High School PTFA](#)) where we'll keep you all up-to-date with events and fundraising activities for the students and school. To date we have approximately 55 followers. Please give us a 'like' and a 'follow' and feel free to spread the word.

Our first event of the new school year was on Sunday 13th October selling refreshments at the year 6 specialist arts auditions.

Upcoming events include:

Year 7 Halloween Disco (fancy dress optional) – Thursday 24th October

Sixth Form Bingo Event – Thursday 7th November

Christmas Craft Fair – Wednesday 4th December. We're still on the lookout for stall holders.

Full details of all events can be found on the Springwood High School website and our Facebook page. Note the Bingo is a bookable event and books (5 games)/strips will be available to purchase in advance via Ticket source on the school website.

And finally, we are always on the lookout for new members..... All parents, teachers and school staff can get involved even if they only have a small amount of time available. We are particularly on the lookout for 'helping hands' at events and we would be very grateful for your help. To get in touch, please email ptfa@springwoodhighschool.co.uk. We would love to hear from you.



MyChildAtSchool has now replaced the ParentApp and ParentPay

Parents can access details about their child at school by using MyChildAtSchool. This can either be an app or your phone (available from Google Play and the Apple AppStore) or by going to <http://www.mychildatschool.com>

A basic user guide, along with other support materials can be found at:

<https://docs.bromcom.com/article-categories/for-parents/>

If you forget your password to MCAS please click on the Reset Password link on the App, or, using your web browser, go to www.mychildatschool.com and click on the Reset Password link. You must use the email address that you have given the school.

Should you experience any issues with your MCAS account please contact us for support via the following options:

Tel: 01553 773393

email: office@springwoodhighschool.co.uk

When emailing, please provide as much detail about your issue so we can make sure we allocate the right department. Please also provide your full name, school and return phone number.

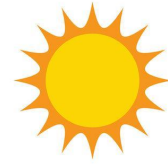
Students

Your child will also have access to an app that they can log into on their phones (available from Google Play and Apple App Store - please search for Bromcom Student App). It can also be accessed via the webpage:

<https://www.bromcomvle.com/?schoolid=14633>



October Newsletter



TIGERS RUGBY CAMPS

WEST NORFOLK RFC

Gatehouse Lane, North Wootton, Kings Lynn, PE30 3RJ

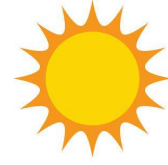
CORE	GIRLS	DEV	TAG
U9-U13	U12-U18 GIRLS	U14-U16 BOYS	U7-U8
OCT 28 - 30	OCT 28 - 30	OCT 28 - 30	OCT 28 - 30
£100	£80	£80	£60

🏉 TRAIN WITH TIGERS 🧥 RUGBY CAMPS MERCHANDISE 🎫 FREE MATCH TICKET

LEICESTERTIGERS.COM/RUGBYCAMPS
0116 319 8888 (OPTION 2)



October Newsletter



Join us for a
CHARITY
CAR WASH

Saturday 26 October
10am-2pm

Materials supplied by
DELTA FIRE

Donate today

The Fire Fighters Charity
NATIONAL CAR WASH
Sponsored by Autoglym

The Fire Fighters Charity
www.deltafire.org.uk

The poster features a blue wavy top border and a white background. It includes logos for The Fire Fighters Charity, National Car Wash (Sponsored by Autoglym), and Delta Fire. The main text is in large, bold, red letters. Below the text is a photograph of five people (four men and one woman) in red shirts and tan pants standing in front of a red fire truck. A blue button with the text "Donate today" is overlaid on the bottom left of the photo.