

1st October 2024



Dear Parents and Carers

As a part of your child's education at Springwood High School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

Lessons in PSHE will include pupils learning about healthy relationships, including friendships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe; developing self-esteem and confidence. Pupils will also have opportunities to ask questions.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website: <https://www.springwoodhighschool.co.uk/> for more details about our PSHE curriculum. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

After a meeting with a member of the Senior Leadership Team, parents can withdraw their child from just the 'sex' elements of Sex and Relationships Education. Parents do not have a right to withdraw their child from Health education, Relationships or any other aspect of the PSHE education curriculum. There is no right of withdrawal from the National Curriculum for Science which includes elements of sex education such as puberty and reproduction. Three terms before they turn 16, a student can opt back in to sex education lessons against their parents' wishes.

As a school community, we are committed to working in partnership with parents; recent parental feedback has indicated that parents continue to be highly supportive of the relationships and sex education programme. If you would like to find out more or discuss any concerns, please contact me using the following email address: pshe@springwoodhighschool.co.uk.

Yours faithfully

M. Scoles

Mr M. Scoles.
(Subject lead for PSHE education)

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