

PSHE Learning Journey



Springwood
High School

Springwood
sixth form
College

Apprenticeships

Gambling, Fake News, Employability, Independent living, Online Safety & Dark web, NHS CPR, blood & organ donations, Independent living.

Fertility and reproductive health. Sexual bullying, Body positivity, Intersectionality LGBTQ+, Eating disorders, Tattoo's & Piercings, Anti-social behaviour.

Revision study skills, Why is PSHE important, Uni or College, Consent & Rape, Unhealthy relationships, Sex, Pregnancy & Consequences, What makes positive sexual relationships.

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Drugs, Binge drinking, Teenage pregnancy, Screen time, Time management, Role models, Mental health, Online fraud, Break ups, Gender around the world

Exam stress, Employability, Social media & self esteem, Body shaming, FGM, Relationships II, Smoking & Vaping.

Starting GCSE's, Goal tree, Being an ally 2 LGBTQ+, Relationships I, Homelessness, Gangs, County lines, Carrying a knife, Grief, Identity & diversity LGBTQ+.

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Risk taking, Self image & self esteem, FGM, Gambling, Body image, Social media & mental health, How to revise to achieve, Online influencers, First Aid.

Eating disorders, Mental Health, sleep factor, Child exploitation, Cigarettes & alcohol, Drugs, Positive Relationships 2nd visit, Politics, Work & Money, Healthy Living.

Personal Understanding, Growing up LGBTQ+, Consent, body image & relationship abuse, Transgender, Positive Relationships, Movember & men's health, Online consent.

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Alcohol & peer pressure, Vaccinations, The sleep factor, Family life, Puberty, Being an ally LGBTQ+, Carrying a knife, Sexism.

Peer pressure, Bullying & Cyberbullying. Democracy, Relationships, Gender & sexuality, Commitment, Drugs, Smoking & Vaping,

Mental health, Online safety, Managing emotions and behaviour, Coming out LGBTQ+, Dealing with change, Finance, Age & Media,

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Drugs & Alcohol, Positivity, Money, Sleep, Online Safety, Student Council, Relationships and Sex Ed, Phobia in action LGBTQ+.

Respect, Meaning of the LGBTQ+ flags, Feelings, Puberty, Friendship, Resilience, British Values, Environment, Hate Crime.

Getting to know, What is Pride, Them and Us, Organisation, Bullying, How to learn Remembrance, Road safety, Well-being.

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